

Do not work for
food that perishes but
for the food that
endures for eternal life.

JOHN 6:27

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St. Pius X, Jamul, CA

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Gospel Meditation

ENCOURAGE YOURSELF TO A DEEPER UNDERSTANDING OF SCRIPTURE



“You cannot see the forest for the trees” is a widely known saying that can bring wisdom to our understanding of our journey. Often, our sight becomes limited to what is immediately before us. We lose touch with lessons and experiences from the past and promises and hope for the future. As human beings, we have the privilege of being able to choose things. What I like and don’t like, want, and don’t want can be major preoccupations of our minds and hearts. Our preferences and desires begin to define us more than the simple fact of our being. Who we are matters more than what we are or what we have. If we don’t move beyond the external and superficial stuff to what really is of essence, we risk becoming very unsettled, disorientated, angry, and unhappy. We fail to see the bigger picture of hope and promise that lies ahead and the Divine Presence that has sustained and carried us before. We like it when the “now” time of our lives satisfy us. Even the people who witnessed Jesus feed the five thousand got confused and distracted. It felt good when thousands of people were able to eat. They wanted to know what they could do to get this to happen again! But Jesus quickly reminds them that this is not the point of this sign. As much as the now time of our lives is of concern, it is not what is ultimately important. We need to learn the difference between being and doing, drawing more strength from who we are and who God is rather than what is happening around us and the choices we can make. Jesus is the true bread that came down from heaven. Jesus is the very incarnate presence of God who sustains life and assures us that we will not perish. This is not easy to understand and feel. We have to practice being in the presence of ourselves, others, creation, and God. We are brought to a holy place when we encounter the sacredness of being. This is real prayer. Then, we learn to trust. It is when we cease trusting that we start to become afraid, uncertain, apprehensive, and doubtful, and overly self-concerned. We even start to grumble. God has our back. That is the essential powerful message of the living bread come down from heaven. God, who is alpha is also omega, the beginning and the end, and has everything in between in his care as well. A woman once remarked that her most powerful God moment happened when she and her husband cuddled with their new baby for a time. Without exchanging words and using only the affection communicated through sight and touch, they rested in being with each other. This brought them to the sacred, where they realized that a greater Being was with them. It was real. They knew that they were part of something bigger, intimate, and profound. When we rest in the Living Source of life, we will find that our souls are no longer hungry or thirsty. ©LPi

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EVERYDAY STEWARDSHIP

Practicing Graciousness in the Desert

Looking back over my journey of parenthood, I know there were days when I traveled the extra mile for my children. I made their toast the way they like it, let them play in the park an extra ten minutes, or let them go to the movies with their friends and I finished up the chores on my own. And then, it happened: the attitude. The request for the smallest thing from one of them is met with disdain or bewilderment. Sometimes you can be made breathless with the ingratitude of another person who takes so much and with so little shame, only to scoff at the idea that they, too, give even the smallest amount.

But if we’re being honest with ourselves, we will admit that we do the exact same thing to God.

Haven’t we all been the Israelites in the desert at one point or another? God has parted our Red Sea in some way. He’s led us out of some great trial, given us some great blessings. But then we run into a little resistance somewhere along the way and we throw up our hands. How could you do this to us, Lord? How could you ask this of us? No, I can’t go any further. No, I won’t do any more.

Persisting in the blindness to the many ways God continues to protect us is nothing short of a temper tantrum. It robs our Everyday Stewardship of its graciousness, of our ability to accept with joy the trials of life because we are also constantly aware of its blessings.

— Tracy Earl Welliver, MTS



Pope Francis proclaims 2021 Year of St. Joseph

August 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Ordinary Time K of C Breakfast After 8:30am Mass	2	3 K of C Meeting 7:00pm Join the Youth Group	4	5 Adoration 8:30am - 4:00pm	6 First Friday Mass 7:00pm TRANSFIGURATION of the Lord August 6th	7 First Saturday Men's Fellowship 7:30am Reconciliation 4:00pm
8 Ordinary Time Hispanic Group Breakfast After all masses St. Vincent De Paul Sunday Youth Group Breakfast After 8:30am Mass	9 Bible Study Join us! 7:00pm	10 Keenan Hall 6:30pm Join the Youth Group	11 Grupo de Oración 7:30pm-9:00pm Youth Group Beech Day	12 Adoration 8:30am - 4:00pm MMLG Meeting Keenan Hall 6:00pm	13 BINGO Night Dinner 6:00pm Bingo 7:00pm	14 Reconciliation 4:00pm
15 St. Vincent De Paul Sunday Youth Group Breakfast After 8:30am Mass	16 Bible Study Join us! 7:00pm	17 Healing Mass 7:00pm Join the Youth Group	18 Grupo de Oración 7:30pm-9:00pm Misa de Sanación 7:00pm	19 Adoration 8:30am - 4:00pm	20	21 FEAST OF ST PIUS X Reconciliation 4:00pm
22 Ordinary Time Hispanic Breakfast RELIGIOUS EDUCATION REGISTRATIONS BEGIN	23 Bible Study Join us! 7:00pm	24 Join the Youth Group	25 Grupo de Oración 7:30pm-9:00pm	26 Adoration 8:30am - 4:00pm	27	28 Reconciliation 4:00pm
29 Ordinary Time 5TH SUNDAY ROSARY 8:00AM	30 Bible Study Join us! 7:00pm	31 Join the Youth Group			Religious Education Registrations Begin August 22	ABBREVIATIONS: K of C— Knights of Columbus MMLG – Mother Mary's Ladies Guild

WEEKLY STEWARSHIP	
July 25, 2021	
Envelope Giving	\$1,641.00
Plate Giving	\$1,797.16
Online Giving	\$903.54
Total	\$4,341.17
Weekly funds needed for church operations	\$5,000.00
Overage/Deficit	-\$658.83



FAMILY NIGHT

BINGO

Friday, August 13, 2021
6:00pm to 9:30pm

Only \$2.00 per game—
Play all 10 games for only \$15.00
(When you purchase the 10 pack)

Texas Hold-em Poker Tournament
starts at 7pm Minimum 5 player required

Dinner 6:00pm Bingo 7:00pm
Family Dinner Night

Served by Knights of Columbus
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Disney Movies/BINGO Games/Fun
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ADORATION
THURSDAYS
8:30am-5:00pm



**MEN'S
GATHERING**

Come and join the
men of the parish to
make new friends and
get to know your
brothers in Christ.

**Saturday,
August 7, 2021
7:30am**



A SPECIAL MASS FOR SURVIVORS OF SUICIDE LOSS

The office for Family Life & Spirituality invites survivors of suicide loss to attend our annual Mass on **Saturday, September 4, 2021** at 5:00pm at San Rafael Parish. You are invited to bring a photo of a loved one who had died by suicide and place it at a designated table in their honor. Auxiliary Bishop John P. Dolan will preside.

FOLLOWING IN ST. JOSEPH'S FOOTSTEPS: A WORKSHOP FOR NEW DADS, EXPECTING DADS AND FUTURE DADS

Please join other dads and the Office for Family Life & Spirituality on **Thursday, August 19 @ 7:00pm-8:30pm** over Zoom as we explore the vocation of fatherhood. What does it mean to be a role model for your family? How can you balance your family relationships and your other commitments? How can you deepen your family's spirituality? To register for the workshop or learn more, please contact Janelle at jperegoy@sdccatholic.org....

REPORTING SEXUAL ABUSE

Complaints about Sexual Abuse by a member of the Clergy, a parish Catholic Employee or a Volunteer can be made at <https://www.safeinourdiocese.org/> or call (858) 490-8353 misconduct@sdccatholic.org.

CONFERENCIA DIOCESANA 2021-- La Misión Continua: Siembra con Amor, Cosecha con Alegría, a two-day conference led by Auxiliary Bishop Ramón Bejarano for the whole family, will be **August 9 and 10, 6:30 to 9:30 p.m.** at Good Shepherd Parish. Dr. Irma Covarrubias-Lugo, MD, Kaiser Permanente, will update us on vaccines against Covid-19 on Monday night. Admission donation is \$10/ person for both nights. Children under 12 years are free. Tickets are available at the door.

VACCINATION CLINIC AT THE CONFERENCE -- Take this opportunity to protect yourself, your family, and community. In partnership with Vons, a Pfizer vaccination clinic for individuals aged 12 years and older will be open on both conference days and times. No appointment needed. For more information, contact Alejandra Diaz at ADiaz@sdccatholic.org or (858) 490-8306.



COPING WITH LIFE ALONE

August 28, 2021, 9am to 5pm
(St. Mary Parish Escondido)

Mass celebrated following our workshop. This workshop is for men and women coping with the loss of marriage due to divorce, separation, or death. This day is filled with listening, reflecting, and sharing to guide your own healing journey. The Holy Spirit will be there too! Sign-up with Vicki Fach by calling (858) 748-2273.



WHY DO WE DO THAT?

Question: What can I do to help our family practice our faith each day?

Answer: Some families practice their religion together as just another event on their schedule: go to church, observe Lent, help at the parish picnic, go to a meeting, volunteer time, make your confession, use your envelope... But the focus needs to be on who we are—God's people, in relationship with him, loved, forgiven, and redeemed, and called to live and proclaim the Gospel. Our awareness of God's presence and our sense of mission are supported by the daily rituals, celebrations, and traditions that help us stay focused. Sharing our faith strengthens us and clarifies the beliefs and values of Christian living. Daily family practices include time for prayer—before meals, before bed, before important meetings and activities. Attend Sunday Mass together and discuss the homily afterward. Create family celebrations for holy days and holidays. Make religion a regular part of your discussions. Include others, especially the elderly and the less fortunate, in your activities and charitable efforts. By applying the virtues of faith, hope, and love to each day, faith becomes part of who your family is. It influences how you act towards others, what you value, and how mindful of God you are. Faith is the leaven of life that helps all of us rise to our calling and dignity as God's people. ©LPi

QUESTIONS OF THE WEEK

First Reading: Early in their Exodus journey, the Israelites expressed fear and frustration to Moses. God heard and responded to their “grumbling” by sending bread from heaven. When you have you experienced God answering your plea for help?

Second Reading: Paul told the Ephesians that as believers in Christ you should “put away” the bad parts of “your former way of life.” How have you done this in your life as a believer in Christ?

Gospel: We hear today the introduction of Jesus' extended “bread of life” discourse. In referring back to the ancient Israelites who ate “manna” (bread) in the desert, Jesus tells the crowds: “I am the bread of life.” How would you explain to someone how Jesus sustains you? ©LPi



Jesus said to them, “I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst.” — Jn 6:35



LIVE THE LITURGY INSPIRATION FOR THE WEEK

When we lose our ability to trust, we become afraid. When we are afraid, we may begin to grumble and question whether where we are is where we need to be. For us who have faith, we even question whether God is who God says He is. Trust is so important to our success on our journey. Often, the road of our lives can become a bit treacherous. We may find ourselves feeling more unsettled than comfortable and less fulfilled than we would like to be. As much as we try, the pieces of our puzzle don't quite fit together as they ought. We wonder if we will ever experience happiness again. Then, something reminds us that God is very much present in this mess we call life. God is still bringing hope out of despair and life out of death. After all, God is the true bread that comes down from heaven to give life. All that is necessary is for us to trust in this truth, even when we may be lacking in some of life's essentials. The God who gives life is the same God who sustains it. He is also the same God who assures us that we will not perish. ©LPi

AUGUST 01, 2021 XVIII SUNDAY IN ORDINARY TIME

01	02	03	04	05	06	07
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday Masses 8:30am 11:00am 12:30pm (Spanish) Please pray for: Pope Francis Ex 16:2-4, 12-15/Ps 78:3-4, 23-24, 25, 54/Eph 4:17, 20-24/Jn 6:24-35	Bible Study 7:00pm Please pray for: Bishop Robert McElroy Nm 11:4b-15/Ps 81:12-13, 14-15, 16-17/Mt 14:13-21	Daily Mass 7:30am Youth Group 7:00pm Knights of Columbus 7:00pm Please pray for: Bishop John Dolan Nm 12:1-13/Ps 51:3-4, 5-6ab, 6cd-7, 12-13/Mt 14:22-36	Daily Mass 7:30am Please pray for: Bishop Ramon Bejarano Nm 13:1-2, 25-14:1, 26-29a, 34-35/Ps 106:6-7ab, /Mt 15:21-28	Daily Mass 7:30am Adoration 8:30am-5:00pm Please pray for: Bishop Robert Brom Nm 20:1-13/Ps 95:1-2, 6-7, 8-9/Mt 16:13-23	First Friday 7:00pm Please pray for: Rev. Joseph Masar Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9/2 Pt 1:16-19/Mk 9:2-10	First Saturday 9:00am Sunday Vigil 5:00pm Please pray for: Rev. Devadhasan Masillamony Dn 6:4-13/Ps 18: 28, 3-4, 47 and 51/Mk 17:14-20

MASS Intentions

Aug 01	Sun	8:30am	+Anna DiPanfilo
Aug 01	Sun	11:00am	(SI) James Peterson
Aug 01	Sun	12:30pm	+Francisco +Manuela Castro
Aug 02	Mon		NO MASS
Aug 03	Tues	7:30am	(SI) Samson Ibrahim
Aug 04	Wed	7:30am	For the Parishioners
Aug 05	Thur	7:30am	For the Parishioners
Aug 06	Fri	7:00pm	(SI) Cindy Peterson
Aug 07	Sat	9:00am	(SI) Knapp Smith Family
Aug 07	Sat	5:00pm	For the Parishioners

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Observances for the week of August 1, 2021

Mon:	St. Eusebius of Vercelli, Bishop; St. Peter Julian Eymard, Priest
Wed:	St. John Vianney, Priest
Thur:	The Dedication of the Basilica of St. Mary Major
Fri:	The Transfiguration of the Lord
Sat:	St. Sixtus II, Pope, and Companions, Martyrs; St. Cajetan, Priest; BVM



August

August 11th(Wed.) **Beach Night/BBQ @ La Jolla Shores 6 -8:30 p.m.
 meet on grass area, south of Main Lifeguard tower. (Bring your own drinks, individual snacks to share. Your beach gear i.e. Lawn Chairs, Beach Blankets, Frisbees, Footballs, or other games)

AUGUST 01, 2021 XVIII SUNDAY IN ORDINARY TIME

Catholic Answers

2021 National Conference

WHO DO YOU SAY THAT I AM?

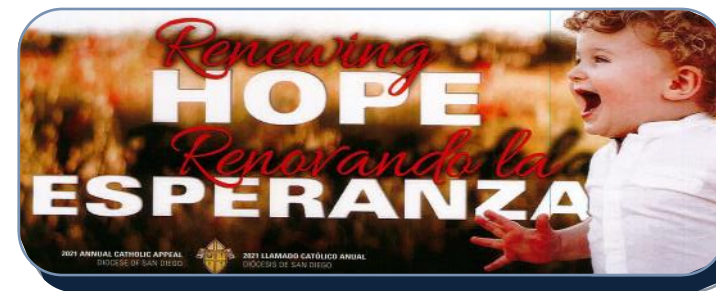
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Special *Thank you* to all those that have responded to this year's Annual Catholic Appeal *Renewing Hope*

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Culture of Life Family Services

Do not miss Culture of Life Family Services 12th Annual Pro-Life is Good Gala and Auction featuring keynote speaker Sister Deirdre Byrne, MD, of the Little Workers of the Sacred Hearts. Sister DeDe is a sister, surgeon, and soldier. Come hear her compelling story as we celebrate COLFS 20th year serving the San Diego community.

Saturday, September 4, 2021
Loews Coronado Bay Resort

Register Online : www.friendsofcolfs.org/gala

Before 8/6/21: \$250 ticket, \$2000 table for 10.
 Starting 8/6/21 \$300 ticket, \$2500 table for 10.
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Check-In and Host Bar Cocktail Hour 7:00 Dinner and Program 9:00 Social Hour

Our Goal is:	\$39,000
Amount Pledged:	\$25,235
Paid:	\$17,110
Owed:	\$8,125.

Please help our Parish reach our ACA goal by turning in your pledge.

