

GOSPEL REFLECTION

GOSPEL MEDITATION
ENCOURAGE YOURSELF TO A DEEPER UNDERSTANDING OF
SCRIPTURE Jn 4:5-42



We give the definition of ourselves over to so many things. We allow our society, friends, family, work, social groups, ethnicity, and even institutions define, classify, and color how we perceive ourselves. When we listen predominantly to the voices of others, we lose touch with what is happening within our own inner voice. If we listen carefully within, we can easily discover that we are in want and need. We know our incompleteness and also know that loneliness, sadness, and self-images can propel

us outward in attempts to fill those gaps. We can become not only victims of our own prejudices but can find ourselves overly self-indulgent in things that can only satisfy for a short time, if at all.

It is no wonder that money and power are things that are so fervently sought after. As long as we can keep a steady supply going, the illusion of fulfillment and satisfaction can falsely persuade us as craftily as a master magician's act. We live with illusions not truth. It is no wonder, then, that some of the wealthiest folks are also really the unhappiest. Whether we admit it, the lies we live and pursue will ultimately expose our superficiality. We all have to wrestle with who we are and what gives our lives purpose and meaning. Learn to listen more deeply, not to what others are saying about you, but to what God is echoing in your heart.

We can easily get confused and misunderstand, not only about who we are but who God is. Even the disciples and the Samaritan woman at the well missed the point Jesus was trying to make. There is only one Person who can satisfy the deepest yearnings and longings of our hearts — Jesus the Messiah. It is not the work of corporate America that will lead us to happiness or greatness but the work of the soul. We continue to resist acknowledging this and are happier in our world of misunderstanding and illusion. The life-giving water we truly need doesn't come from the source of a well but from the Source of Life. Only God can reveal the truth of our sinfulness, the superficiality of our pursuits, and the illusions we hold so dear. Only Jesus can save us from ourselves and give us what we really need. If only our heads can catch up with where our hearts know they need to be, then will we find real contentment and life! ©LPi

WEEKLY STEWARSHIP	
March 8, 2020	
Envelope Giving	\$2,468
Plate Giving	\$1,464.25
Online Giving	\$843.64
Total	\$4,775.84
Funds needed to meet operations	\$5000
Overage/Deficit	-(\$224.16)

Request for Prayers



- Bill Gray
- Leonardo Cepeda
- Sandra Altomare
- Ignacio Bladimir Perez
- Maria Gonzales
- Edward Mazano
- Joanne Hunt
- Socorro Martinez
- Ruth Ramirez
- Fran Dreis
- Julian Lorenzo
- Helen & Buriel Smith
- Brigida McInvale
- Isela Gonzalez
- David Parra
- Brianna Parra
- Elisha Parra
- Jennifer Martinez
- Claudia Barrera

ADORATION
Wednesdays
8:30am-5:00pm

Come spend an hour with Him or five minutes, your life will never be the same!

EVERYDAY STEWARDSHIP

The 6 Characteristics of an Everyday Stewardship for Lent - Grateful

Happy Birthday! It may or may not be your birthday now, but I know it will be coming up at some point. I hope you receive many cool presents and get to spend quality time with friends and family. On special days like birthdays, Christmas, and anniversaries, it is good to celebrate. After all, we need some fun and celebration in our lives. But what about the day after? Presents remain, but the presence of others may be over, and it is back to the daily grind. Yesterday, you were filled with gratitude. You hold the memory of yesterday still close so that fuels you for the day. However, how about 2, 3, or 4 days from then? The truth is that many joys in this life cannot stay with us forever. They belong to a certain place in time. We will have our memories, yet those thoughts will never be a suitable substitute for the real thing.

There is one joy that remains throughout all our days: the joy we find in Jesus. What he gives us does not fade. The amazing thing about what he offers us is that it also provides a lens through which we see all things. Now we can see the smallest reasons to be grateful. We no longer have a life where we go from one celebration to another with the ordinary in between. All life and time are extraordinary! All gifts, great and small, are precious. This offering seems too good to be true, so what's the catch? Like all gifts given to us, for the gift to have meaning, we must be willing to receive it. The choice is yours. You can live in the ordinary, or you can revel in the extraordinary, now and forever. — Tracy Earl Welliver, MTS

2020 MARCH

THIRD SUNDAY OF LENT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 GOLF /K of C Breakfast After 8:30am Mass	2 Bible Study Join us! 7:00pm	3 K of C Meeting 7:00pm	4 Adoration 8:30am - 6:00pm Grupo de Oración 7:30pm-9:00pm Via Crucis 6:30P	5 Lenten Eucharistic Adoration 6p-10p Beginning w/ the Holly Rosary at 6:00pm	6 First Friday Mass 7:00pm CROSS 5:30PM	7 First Saturday Mass 9:00am Men's Fellowship Group 7:30am Reconciliation 4:00pm
8 St Vincent De Paul Sunday Hispanic Breakfast	9 Bible Study Join us! 7:00pm	10 St Vincent de Paul Meeting 6:30pm	11 Adoration 8:30am - 6:00pm Grupo de Oración 7:30pm-9:00pm Via Crucis 6:30P	12 MMLG Meeting 6:00pm Lenten Eucharistic Adoration 6p-10p Beginning w/ Rosary at 6:00pm	13 CROSS 5:30PM BINGO Night	14 Happy St. Patrick's Day! Party 6:00PM
15 Youth Group Breakfast After 8:30am Mass	16 Youth Group 6-9pm Price as Judas Iscariot @ St. Martin of Tours, La Mesa	17 HEALING MASS 7:00pm	18 Adoration 8:30am - 6:00pm Via Crucis 6:30P	19 Lenten Eucharistic Adoration 6p-10p Beginning w/ Rosary at 6:00pm	20 CROSS 5:30PM	21 Reconciliation 4:00pm
22 Hispanic Breakfast After all Masses	23 Lenten Mission in the Church March 23, 24 & 25 7:00PM Ejercicios Cuaresmales en el Salón Parroquial	24	25 Adoration 8:30am - 6:00pm	26 Rosary at 6:00pm Lenten PENANCE SERVICE 7:00pm	27 CROSS 5:30PM Hosted by the Youth Group	28 Reconciliation 4:00pm
29 5th Sunday Rosary	30 Bible Study Join us! 7:00pm	31 Join the Youth Group 7:00P			ABBREVIATIONS: K of C - Knights of Columbus GOLF - Generations of Living Faith MMLG - Mother Mary's Ladies Guild	Fasting and Fish Dinner

MARCH 15, 2020 THIRD SUNDAY OF LENT

Lenten Schedule

Lenten Adoration every Thursday of Lent 6:00pm—10:00pm Beginning with the Holy Rosary at 6:00pm

Stations of the Cross Every Friday of Lent 5:30pm English

Every Wednesday of Lent 6:30pm Spanish

Fish Dinner Every Friday of Lent Starting February 28, 2020 after Stations of the Cross

Lenten Missions March 23, 24 & 25, 2020 7:00pm English & Spanish

Penance Service Thursday, March 26, 2020 7:00pm



El Cajon Deanery				
Lent 2020 Penance Services				
Parish	Day	Date	Time	
St. Martin of Tours, La Mesa	Mon	3/16/20	7:00pm	
St. Kateri Tekakwitha, Lakeside/Barona	Tues	3/17/20	7:00pm	
Santa Sophia, Spring Valley Cancel	Wed	3/18/20	cancel	
St. Luke, El Cajon	Thurs	3/19/20	7:00pm	
Holy Trinity, El Cajon	Mon	3/23/20	7:00pm	
Our Lady of Grace, El Cajon	Tues	3/24/20	7:00pm	
St. Pius X, Jamul	Thurs	3/26/20	7:00pm	
Guardian Angels, Santee	Tues	3/31/20	7:00pm	
Our Lady of Perpetual Help, Lakeside	Mon	4/6/20	9:00am	
Our Lady of Perpetual Help, Lakeside	Mon	4/6/20	7:00pm	

MESSAGE OF HIS HOLINESS POPE FRANCIS FOR LENT 2020

Part 2

“We implore you on behalf of Christ, be reconciled to God” (2 Cor 5:20)

2. The urgency of conversion

It is good to contemplate more deeply the paschal mystery through which God’s mercy has been bestowed upon us. Indeed, the experience of mercy is only possible in a “face to face” relationship with the crucified and risen Lord “who loved me and gave himself for me” (Gal 2:20), in a heartfelt dialogue between friends. That is why prayer is so important in Lent. Even more than a duty, prayer is an expression of our need to respond to God’s love which always precedes and sustains us. Christians pray in the knowledge that, although unworthy, we are still loved. Prayer can take any number of different forms, but what truly matters in God’s eyes is that it penetrates deep within us and chips away at our hardness of heart, in order to convert us ever more fully to God and to his will.

In this favourable season, then, may we allow ourselves to be led like Israel into the desert (cf. Hos 2:14), so that we can at last hear our Spouse’s voice and allow it to resound ever more deeply within us. The more fully we are engaged with his word, the more we will experience the mercy he freely gives us. May we not let this time of grace pass in vain, in the foolish illusion that we can control the times and means of our conversion to him.

3. God’s passionate will to dialogue with his children

The fact that the Lord once again offers us a favourable time for our conversion should never be taken for granted. This new opportunity ought to awaken in us a sense of gratitude and stir us from our sloth. Despite the sometimes tragic presence of evil in our lives, and in the life of the Church and the world, this opportunity to change our course expresses God’s unwavering will not to interrupt his dialogue of salvation with us. In the crucified Jesus, who knew no sin, yet for our sake was made to be sin (cf. 2 Cor 5:21), this saving will led the Father to burden his Son with the weight of our sins, thus, in the expression of Pope Benedict XVI, “turning of God against himself” (Deus Caritas Est, 12). For God also loves his enemies (cf. Mt 5:43-48).

The dialogue that God wishes to establish with each of us through the paschal mystery of his Son has nothing to do with empty chatter, like that attributed to the ancient inhabitants of Athens, who “spent their time in nothing except telling or hearing something new” (Acts 17:21). Such chatter, determined by an empty and superficial curiosity, characterizes worldliness in every age; in our own day, it can also result in improper use of the media.

MARCH 15, 2020 THIRD SUNDAY OF LENT

Events for the week of Mar 15—Mar 21

15	16	17	18	19	20	21
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Youth Group Breakfast After 8:30am Mass Pray for Rev. Romero Velos, CS <small>Ex 17:3-7/Ps 95:1-2, 6-7, 8-9/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42</small>	Bible Study 7:00PM Pray for Rev Mario Vesga <small>2 Kgs 5:1-15b/Ps 42:2, 3; 43:3, 4 [cf. Ps 42:3]/Lk 4:24-30</small>	Daily Mass 7:30am Youth Group 7:00pm Healing Mass 7:00pm Pray for Rev. Manuel Villarreal <small>Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9 [6a]/Mt 18:21-35</small>	Daily Mass 7:30am Adoration 8:30am – 6:00pm Stations of the Cross (Spanish) 6:30pm Pray for Rev. Patrick Wainwright MC <small>Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20 [12a]/Mt 5:17-19</small>	Daily Mass 7:30am Lenten Adoration 6p-10p Beginning w/ Holy Rosary at 6:00pm Pray for Rev. Cavana Wallace <small>2 Sm 7:4-5a, 12-14a, 16/Ps 89:2-3, 4-5, 27 and 29/Rom 4:13, 16-18, 22/Mt 1:16, 18-21, 24a or Lk 2:41-51a</small>	Daily Mass 7:30am Stations of the Cross 5:30pm Pray for Rev. Raymundus Wea, SVD <small>Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17 [cf. 11 and 9a]/Mk 12:28-34</small>	RECONCILIATION 4:00PM SUNDAY VIGIL 5:00PM Pray for Rev. Robert White <small>Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab [cf. Hos 6:6]/Lk 18:9-14</small>



Mass Intentions

Mar 15	Sun	8:30am	+ Dale Peterson
Mar 15	Sun	11:00am	+Jorge Juarez
Mar 15	Sun	12:30pm	+Manuela Mariscal +Manuela Cuellar
Mar 16	Mon		NO MASS
Mar 17	Tue	7:30am	For the Parishioners
Mar 18	Wed	7:30am	For the Parishioners
Mar 19	Thu	7:30am	For the Parishioners
Mar 20	Fri	7:00pm	For the Parishioners
Mar 21	Sat	5:00pm	For the Parishioners

LIVE THE LITURGY

“Is the Lord in our midst or not?” Have you ever found yourself asking this question? Finding God’s presence and truly encountering God are not always easy tasks. When we seek God only with our minds, we risk reducing God to simply an idea rather than meeting him as someone who is real and actually present to us. We all have to wrestle with who we are and what gives our lives purpose and meaning. We can often get confused and misunderstand not only who we are, but who God is. Even the disciples and the Samaritan woman at the well missed the point Jesus was trying to make.

There is only one person who can satisfy the deepest yearnings and longings of our hearts. Only Jesus can lead us to truth and provide the water that can quench our thirst. Each of us, not only with our heads but with our hearts, must come to see that Jesus is the Savior of the world. It is only when we can honestly make this confession that we will know God is truly present. ©LPi

Observances for the week of March 15, 2020

Sunday:	3rd Sunday of Lent
Monday:	
Tuesday:	St. Patrick, Bishop; St. Patrick’s Day
Wednesday:	St. Cyril of Jerusalem, Bishop and Doctor of the Church
Thursday:	St. Joseph, Spouse of the Blessed Virgin Mary

The Samaritan woman said to him, “How can you, a Jew, ask me, a Samaritan woman, for a drink?” Jesus answered and said to her, “If you knew the gift of God and who is saying to you, ‘Give me a drink,’ you would have asked him and he would have given you living water.”

— Jn 4:9a, 10

QUESTIONS OF THE WEEK

First Reading

Early in their 40-year desert journey, the frustrated Israelites tested God by grumbling to Moses, “Is the Lord in our midst or not?” How do you see our contemporary society testing God today?

Second Reading

Paul speaks boldly of the “peace of God” and the “love of God” achieved through Jesus’ willingness to die for us. How has your Lenten journey exposed you to the peace and love of God?

Gospel Reading

Jesus revealed himself as the Messiah to the Samaritan woman. Why do you think Jesus chose her for this revelation?



We announce with great sadness the death of our fellow parishioner in Christ.

Mary Ellen Hultquist
May 24, 1937— March 6, 2020

You left us beautiful memories
your love is still my guide and though we cannot see you, you're always at our side.
Rest in Peace




Our ACA Parish Goal for 2020 is \$38,000.00. so far we have a pledged amount of \$12,435 with \$4,590 as an Actual paid to date amount.

Help us reach our goal for 2020 Turn in your pledge today!

"A generous heart, kind speech and a life of service and compassion are the things that renew Humanity."

- MAY GOD BLESS:**
- Robert Smull
 - Patricia Konja
 - Rodney Snow
 - Leonard & Cyndie Dasho
 - Joe & Linda Coppola
 - Ray & Shelly Dexter
 - Desmond & Rosa Fonseca
 - James M & LaNelle Johnson
 - Robert & Kimberly Perry
 - Joe Toland
 - Paul Ziegler
 - Phyllis Antoine
 - Gerald & Annette Antoine
 - Rick & Roseann Rinear
 - Eugene & Karen Bennett
 - Cesar & Adriana Garcia
 - Mary Altomare
 - Pat Ray
 - Jose & Alma Olivares
 - Pat Nybo
 - Elman & Socorro Martinez
 - Javier Bravo
 - David & Paula Block
 - Arnold & Isabel Gerhardstein
 - Laura Schneider
 - Tom & Tammy Knapp



The Knights of Columbus would like to congratulate the "Knight of the Month" for February for all his hard work, efforts made, and care for the order.

Tom Knapp

WHY DO WE DO THAT?

Question: Does watching Mass on TV fulfill my Sunday obligation?

Answer: In the age of instant communication, email, voice mail and teleconferencing, many people wonder if these media of communication can be used for sacraments. Many priests, I am sure, have had people ask about going to confession on the phone. While it may seem like a convenient way to do things, there are many reasons why we don't. Watching the Mass on television can be a good thing, especially for those who are shut-in. But it really doesn't fulfill our obligation. The obligation to attend Mass is more than just simply listening to the Mass or following the prayers and the readings. Gathering together as a community of faith is important.

Sacraments are community events where we encounter God and one another. When we gather together, we are most visibly the Church, the Body of Christ. Besides, television is a one-way medium. It allows us to watch without really being able to give a response. In faith, our response is as important as anything that we hear. We need to take an active part in the religious expression of our community. ©LPi

MARCH 15, 2020 THIRD SUNDAY OF LENT

IMPORTANT ANNOUNCEMENT

The spread of the new Coronavirus into the United States poses a challenge to all of us which demands vigilance, prudence and calm. Bishop McElroy has asked every parish the suspension of the Precious Blood among the faithful, being prudent during the shaking of hands at the rite of peace and limiting the distribution of communion on the tongue since it is so susceptible to the spread of illness like the coronavirus. Diocese is encouraging people to do what it is possible to maintain a sense of reality and perspective on this emerging public health challenge.




- Mar 10th: 7 – 9pm Youth Gathering in Youth Room (Fun, Religion and Snacks)
- Mar 15th: 7:30-10am Youth Breakfast – serving the church following the 8:30 mass
- March 16th 6-9pm Mark Price as Judas Iscariot @ St. Martin of Tours, La Mesa
- Mar 17st: 7 - 9pm Youth Gathering in Youth Room (Fun, Religion and Snacks)
- Mar 21st: 5 to 9pm Boomers in El Cajon – Mini Golf, Amusement Rides, etc.
- Mar 24th: 7 - 9pm Youth Gathering in Youth Room (Fun, Religion and Snacks)
- Mar 27th: 5:30-7pm Stations of the Cross & Soup/ Fish Dinner Hosted by Youth
- Mar 31st: 7 – 9pm Youth Gathering in Youth Room (Fun, Religion and Snacks)



The Knights of Columbus and MMLG will lead the rosary for everyone who would like to participate every 5th Sunday of the month.

Remember our Blessed Mother's promise to those who pray the Rosary - "I promise my special protection and greatest graces to all those who shall recite the Rosary". Pray the Rosary with the Knights and the Ladies Guild this month it will be March 29, 2020 at 10:15am.



DIocese OF SAN DIEGO

Pope Francis Announces Appointment of Fr. Ramon Bejarano as Auxiliary Bishop for the Diocese of San Diego effective April 21, 2020. (San Diego) -

The Vatican announced the appointment by Pope Francis of Father Ramon Bejarano, a priest of the diocese of Stockton, as the new Auxiliary Bishop at the Roman Catholic Diocese of San Diego. He joins the existing leadership of the diocese.

Reporting Sexual Abuse
Safeinourdiocese.org. this site summarizes the Safe Environment program, links to key resources, and details new initiatives the diocese is undertaking to expand support for victim-survivors and strengthen prevention efforts. Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by contacting Lisa Petronis 858.490.8353 or at www.sdcatholic.org



Beginning Experience
listen.accompany.heal

Beginning Experience is a ministry focused on helping the divorced, widowed and separated get beyond grief and begin again. Sponsored by the Diocesan Office of Family Life and Spirituality. Beginning Experience is a nonprofit, all volunteer, international organization. Calling on the help of and inspiration of the Holy Spirit, a retreat team of peers helps grieving, single-again persons to turn the pain of loss into an experience of positive growth. The next weekend retreat will be held May 1-3, 2020 At Prince of Abbey, in Oceanside CA



PRAY FAST GIVE