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Gospel Meditation

ENCOURAGE YOURSELF TO A DEEPER UNDERSTANDING OF SCRIPTURE



As our world faces so much turmoil and change, it is now more important than ever to remember who God is, who we are and where we are going. It is easy to get distracted and lose focus, especially when we are being pulled in so many directions. We can not only lose sight of God but one another. Maintaining our well developed and mature relationships with God and one another is

essential to continuing to live, healthy, happy, and focused lives. In a message to young people, Pope Benedict XVI said, "the happiness you are seeking, the happiness you have a right to enjoy has a name and a face: it is Jesus of Nazareth, hidden in the Eucharist." What is true for those who are younger is even truer for those who are older. Regardless of how the particulars of life change over time, human beings are still hard-wired to seek the fullness of life and happiness. How we embark on this journey and what we choose along the way will indicate whether we meet success. There is so much brokenness and pain in our world. Many people are lost, feeling lonely, anxious, marginalized, victimized, isolated, oppressed, and abused. Every time we receive the Body of Christ, we have an opportunity to become what we eat. The power and presence of Christ in the Eucharist becomes present in us and effects change in ourselves and in the lives of those we meet. We are given the grace to become temples of justice and peace, carrying God's sacred Presence within us wherever we go. Our faith community is ignited with the fire of God's love and stands out as a beacon of hope in a world that is lost. This is the only way we can discover peace-filled resolutions to violence and create innovative solutions to what is fueling its need in the first place. True happiness, for the young and old alike, becomes an obtainable goal. St. John Maria Vianney says it so well. "There is nothing so great as the Eucharist. If God had something more precious, he would have given it to us." Only the Eucharist has the ability to connect, sustain, strengthen, and properly orient us, not only on the road of this life but the road to life eternal. Knowing this, when life gets challenging, unsettling, and difficult, we can rely on and cling to this gift we have in the Real Presence of Christ. This actual encounter with God celebrates God's unconditional love for us and grounds us to the truth of who we are in a way nothing else is able to do. Because through the Eucharist we really do become the Body of Christ, we are also bonded together in a most perfect way to one another as that Body. Nourished, united, and strengthened by the Eucharist, let us individually and collectively, bring this wonderful gift to all we meet, especially the poor with whom we have a special connection. ©LPi



- Bill Gray
- Leonardo Cepeda
- Maria Gonzales
- Edward Manzano
- Socorro Martinez
- Ruth Ramirez
- Fran Dreis
- Julian Lorenzo
- Helen & Buriel Smith
- Brigida McInvale
- Roberto Zavala
- Isela Gonzalez
- Jennifer Martinez
- Rachel Fowler
- Esperanza Villa
- Brianna, Elisha & David Parra
- Felipe & Anita Pedroza
- Jackie Connolly

- Stephen Sawyer
- Marilynn Nienalt
- Alfredo Buendia
- Ciprie Powell
- Chris Sauer
- Maria Valenzuela
- Cheryl Mattas



ADORATION THURSDAYS
8:30am-5:00pm

EVERYDAY STEWARDSHIP We Can Prepare the Upper Room

We all know that person, don't we? Hey, maybe we've even been that person. "I have a great relationship with God, but I don't go to church regularly. God and I are on good terms. I can talk to Him just fine on my own." There isn't anything false in these statements. It's important to have an intimate, even conversational prayer relationship with God. But the problem with this attitude is that it implies that churches don't matter. Community worship doesn't matter. Today, we are reminded exactly why that is so untrue. Why we need our parishes, our priests, and each other. The Body and Blood of Christ — that's what it's all about. If it's not about that, it's not about anything. If we don't have the Eucharist, we're just like the ancient priests, making sacrifices that don't have the power to redeem anybody. Where do we receive the Body and Blood of Christ? For most of us, it's in our parishes. The altar of sacrifice is also the table we gather in front of, as a family, to become one with Christ in the truest and realest way possible, recreating the scene in the Upper Room over and over again every time Mass is celebrated. The disciples were commissioned by Christ to prepare the Upper Room for the Last Supper. How can we take up that work ourselves? How can we strengthen the bonds in our spiritual family? How can we serve our parish, always remembering that the table is not meant to be set only for two? — Tracy Earl Welliver, MTS

JUNE 6, 2021 THE MOST HOLY BODY AND BLOOD OF CHRIST

June 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ABBREVIATIONS: K of C- Knights of Columbus MMLG - Mother Mary's Ladies Guild 6 KOC Breakfast after 8:30am Mass 	7 FLAG DAY 	8 Healing Mass 7:00pm 	9 Youth Group Beach Night Misa de Sanación 7:00pm 	10 Adoration 8:50am - 5:00pm 	11 First Friday Mass 7:00pm 	12 First Saturday Mass 9:00am MENS FELLOWSHIP 7:30AM Via Zoom Reconciliation 4:00pm
13 Appreciation Mass 8:30am Father's Birthday Celebration Ordinary Time 	14 Bible STUDY Join us! 7:00pm 	15 Join the Youth Group Healing Mass 7:00pm 	16 Youth Group Beach Night Misa de Sanación 7:00pm 	17 Adoration 8:50am - 5:00pm 	18 First Friday Mass 7:00pm 	19 RETIRO ESPIRITUAL
20 Father's Day Youth Group Breakfast After 8:30AM Mass Ordinary Time 	21 Bible STUDY Join us! 7:00pm 	22 Join the Youth Group Healing Mass 7:00pm 	23 Grupo de Matrimonios 7:00pm 	24 Adoration 8:50am - 5:00pm 	25 First Friday Mass 7:00pm 	26 Reconciliation 4:00pm
27 Hispanic Breakfast After all Masses Youth Group Car Wash Ordinary Time 	28 Bible STUDY Join us! 7:00pm 	29 Join the Youth Group Healing Mass 7:00pm 	30 Grupo de Matrimonios 7:00pm 	Youth Group Core Team Retreat June 28th to June 30th 	Youth Group Core Team Retreat June 28th to June 30th 	Youth Group Core Team Retreat June 28th to June 30th

WEEKLY STEWARSHIP	
May 30, 2021	
Envelope Giving	\$2,060.00
Plate Giving	\$1,577.62
Online Giving	\$885.15
Total	\$4,522.77
Funds needed a week to meet operations	\$5,000.00
Overage/Deficit	-\$477.23



AFTER-ABORTION HEALING RETREAT FOR CATHOLIC WOMEN

(or Catholic-friendly)

Given by Rachel's Hope on **July 16-18, 2021**. Professionally led. Held at the Diocesan Pastoral Center, 3888 Paducah Dr. San Diego. Confidentiality maintained. Closing Mass included. Group Size limited. Cost \$60. partial scholarships available. Limited housing available. "Not judged, not lectured, just healed". For information/registration call Rosemary Benefield 858.581.3822; text 858.752.9378 or email rachels_hope@juno.com. Visit us on our website: www.RachelsHope.org



PRISON/ JAIL MINISTRY INFORMATION SESSIONS OFFERED

In Matthew 25 Jesus teaches us to welcome the stranger, feed the hungry, cloth the naked, and visit the prisoner. Are you called to visit the prisoner? The Office for Life, Peace, and Justice will be hosting two information sessions on prison/jail ministry on **Tuesday June 15, 2021** at the Diocesan Pastoral Center (3888 Paducah Drive in San Diego). Session #1 will be offered from 11:30 am to 1:30 pm, and Session #2 will be offered from 5:30 pm to 7:30 pm. Both sessions are identical, and it is only necessary to attend one session. For additional information please contact Bobby Ehnou, PhD, at 858-490-8375 or email at rehnow@sd catholic.org.

UPCOMING MARRIAGE FORMATION RETREATS IN SPANISH

Registrations are still being accepted for the "Pre-Cana" retreat in Spanish, Celebrando Nuestro Amor. Couples can register online at www.sd catholic.org/cyl or tinyurl.com/precanaespanol. Engaged Encounter en español has upcoming weekend retreats on **August 20-22 and October 22-24**. Couples can register at enoviossandiego.com or by contacting enoviossandiego@gmail.com

WITH A FATHER'S HEART: REFLECTIONS ON FATHERHOOD WITH ST. JOSEPH

During this Year of St. Joseph, all men are invited to take part in a five-part series on the unique and special call to fatherhood as seen through the lens of devotion to St. Joseph. We will use Patris Corde, Pope Francis's document announcing the Year of St. Joseph, as a guide. Please join us every Thursday night starting **June 24, and ending on July 22** with a presentation from our Auxiliary Bishop Ramon Bejarano. Hosted by the Office for Family Life & Spirituality, see Patris Corde Series flyer for additional details. Register at tinyurl.com/fatherhoodseries.

REPORTING SEXUAL ABUSE

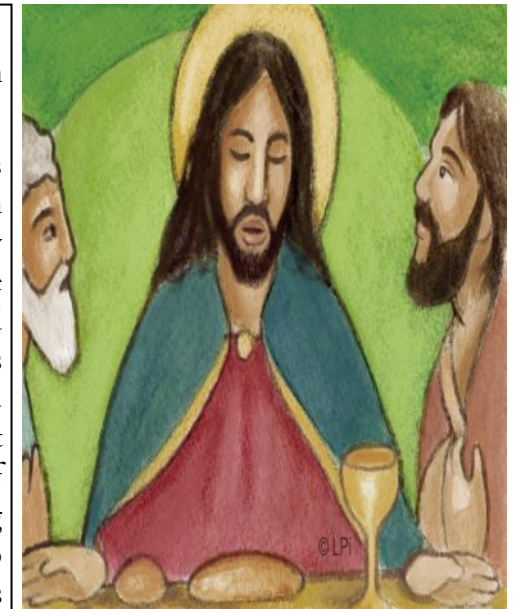
Complaints about Sexual Abuse by a member of the Clergy, a parish Catholic Employee or a Volunteer can be made at <https://www.safeinourdiocese.org/> or call (858) 490-8353 misconduct@sd catholic.org.



WHY DO WE DO THAT?

Question: Why are some saints honored as "patron saints"?

Answer: Each person is unique and each of us has different gifts, interests, talents, and, yes, even struggles and areas where we need to grow. This is no less true of those holy women, men, and children who have been canonized or beatified. Because we believe that the saints and blessed are both models of faith and intercessors, Christians have looked to certain holy people as role models and heavenly protectors for occupations, spiritual charisms, and even places. Although the Church sometimes names a person as a patron saint (e.g. Saint Philip Neri as the patron of Rome, Saint Clare of Assisi as the patroness of television, or Saint Aloysius Gonzaga as the patron of youth and young adults), more often it is popular devotion that inspires lay Christians to turn to a particular saint or blessed for heavenly help and support. This is how, for example, Saint Cecilia came to be honored as the patroness of musicians, Saint Toribio Romo as patron of migrants coming into the United States, and Saint Gertrude of Nivelles as patroness of cat lovers. Although there are official and unofficial lists of patron saints, we should always feel free to ask any and all the saints to give us their patronage and protection in whatever it is that we need. ©LPi



LIVE THE LITURGY INSPIRATION FOR THE WEEK

As we gather today to reaffirm our faith in the Real Presence of Christ in the Eucharist, we are reminded that we are also the Body of Christ. The mission of the Gospel calls us to be Christ for others. There is so much brokenness and pain in our world. Many people are lost and feeling lonely, marginalized and oppressed, victimized and abused. Every time we receive the Body (and Blood) of Christ, we are asked to become what we eat. Are we willing to step aside from our preoccupations and concerns so that we can be Christ for others? The power and presence of Christ in the Eucharist becomes present in us. In receiving this transforming presence of Christ, we can truly effect change in the lives of those we meet. We can show them God's unconditional, ever-present love and the beauty that can come from loving others. We are given the grace to become temples of justice and peace, carrying God's sacred Presence within us wherever we go. ©LPi

QUESTIONS OF THE WEEK

First Reading: Moses and the ancient Israelites ratified the covenant God established with them at Mount Sinai with the blood of a sacrificed animal. The sacrificed animal affirmed Israel's commitment: "We will do everything the Lord has told us." Why do you think Israel tied sacrificed blood to their verbal commitment?

Second Reading: The author of Hebrews teaches us that the sacrificed blood of Christ sanctifies us and offers us eternal redemption. How do you see this connected to ancient Israel's practice of sacrificing animals for their blood?

Gospel: Mark's account of the institution of the Eucharist is linked to the Jewish Feast of Unleavened Bread when a Passover lamb was sacrificed. What do you think Mark is teaching us in making this connection?©LPi

Observances for the week of June 6, 2021

- Wednesday: St. Ephrem, Deacon and Doctor of the Church
- Friday: The Most Sacred Heart of Jesus
- Saturday: The Immaculate Heart of the Blessed Virgin Mary

Then he took a cup, gave thanks, and gave it to them, and they all drank from it. He said to them, "This is my blood of the covenant, which will be shed for many. Amen, I say to you, I shall not drink again the fruit of the vine until the day when I drink it new in the kingdom of God." — Mk 14:23-25

WORLD DAY of the SICK MASS

Bishop Ramon Bejarano
Principal Celebrant

Celebrations in Honor of Our Lady of Lourdes

Join us for a special Mass including
Anointing of the Sick
Blessing of Caregivers
Blessing with Lourdes Water

Saturday, June 12 - 10:00 a.m.
Good Shepherd Church
8200 Gold Coast Drive
San Diego, CA 92126

Sponsored by ORDER OF MALTA WESTERN ASSOCIATION U.S.A.

JUNE 6, 2021 THE MOST HOLY BODY AND BLOOD OF CHRIST

06	07	08	09	10	11	12
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday Masses 8:30am 11:00am 12:30pm (Spanish) Please pray for: Rev. John Grace, OSA Ex 24:3-8/Ps 116:12-13 15-16, 17-18/Heb 9:11-15/Mk 14:12-16, 22-26	Bible Study (Virtual) 7:00pm Please pray for: Rev. Michael Guinan, OFM 2 Cor 1:1-7/Ps 34:2-3, 4-5, 6-7, 8-9/Mt 5:1-12	Daily Mass 7:30am Please pray for: Rev. Manuel Gutierrez Del Toro 2 Cor 1:18-22/Ps 119:129-135/Mt 5:13-16	Daily Mass 7:30am Please pray for: Rev. Brian Hayes 2 Cor 3:4-11/Ps 99:5, 6, 7, 8, 9/Mt 5:17-19	Daily Mass 7:30am Adoration 8:30am-5:00pm Please pray for: Rev. William Headley, CSSP 2 Cor 3:15-4:1, 3-6/Ps 85:9ab and 10, 11-12, 13-14/Mt 5:20-26	Daily Mass 7:30am Please pray for: Rev. Ronald Hebert Hos 11:1, 3-4, 8c-9/Is 12:2-3, 4, 5-6 [3]/Eph 3:8-12, 14-19/Jn 19:31-37	Please pray for: Rev. Gregory Heidenblut, OSA 2 Cor 5:14-21/Ps 103:1-2, 3-4, 9-10, 11-12/Lk 2:41-51

MASS Intentions

Jun 06	Sun	8:30am	For the Parishioners
Jun 06	Sun	11:00am	For the Parishioners
Jun 06	Sun	12:30pm	For the Parishioners
Jun 07	Mon		NO MASS
Jun 08	Tues	7:30am	For the Parishioners
Jun 09	Wed	7:30am	For the Parishioners
Jun 10	Thur	7:30am	For the Parishioners
Jun 11	Fri	7:30am	For the Parishioners
Jun 12	Sat	5:00pm	For the Parishioners



June 2021

16th(Wed.) **Beach Night/BBQ @ La Jolla Shores 6-8:30 p.m. meet on grass area, south of Main Lifeguard tower. (Bring your own drinks, individual snacks to share. Your beach gear i.e. Lawn Chairs, Beach Blankets, Frisbees, Footballs, or other games)

25-27th Steubenville Youth Conference (Location TBD) TENTATIVE DATE

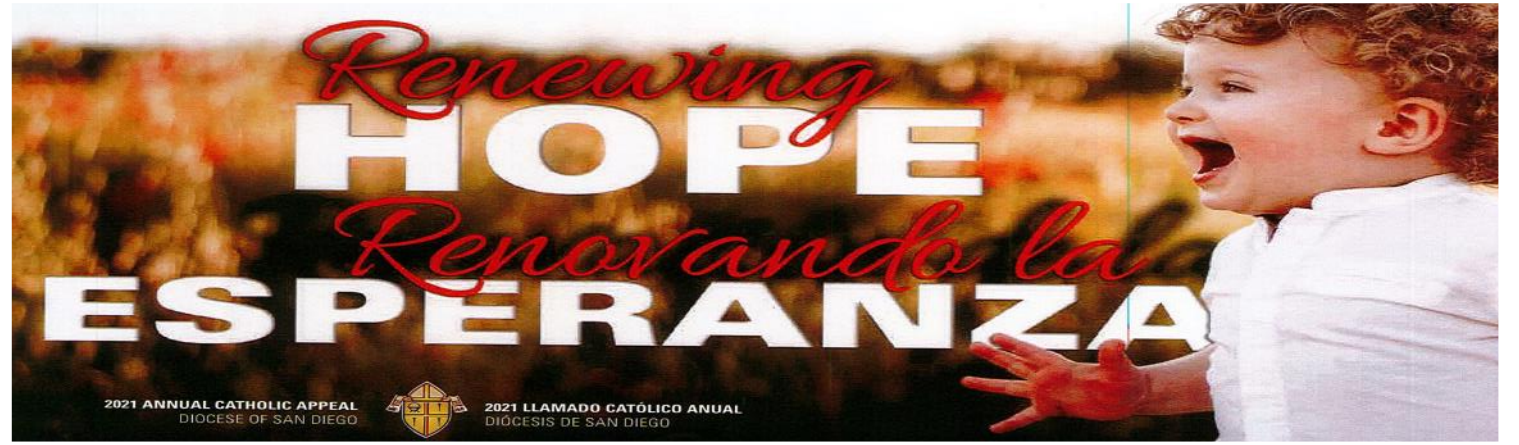
28-30th Core Team Retreat

...The hands that make a difference are those of our Volunteers.
 This time we want to celebrate YOU.
 with an Appreciation Mass
 June 13, 2021
 8:30am

celebrate with us

Father Garcia's Birthday
 June 13, 2021
 After the Appreciation Mass
 We really hope you can join Father Garcia and the parish on this special day and make his day complete. He does not ask for presents and we are sure you'll understand. But should you really want to give, a gift of cash would really make his day.

JUNE 6, 2021 THE MOST HOLY BODY AND BLOOD OF CHRIST



Pope Francis proclaims 2021 Year of St. Joseph

Special *Thank you* to all those that have responded to this year's Annual Catholic Appeal *Renewing Hope*

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